



2019 Tetrathlon Rally

Hosted by
Portuguese Bend Pony Club

March 16 & 17th, 2019

CLOSING DATE: February 15th, 2019



- WHEN/WHERE:** Friday March 15th Move in: Ernie Howlett Park, 25851 Hawthorne Blvd., Rolling Hills Estates, CA
 Saturday March 16th **Briefing:** Ernie Howlett Park
Shooting and Running at Portuguese Bend Pony Club, 2 W Pomegranate, RPV, CA
Swimming at Miraleste Intermediate School, 29323 Palos Verdes Drive East, Rancho Palos Verdes, CA 90275
 Sunday March 17th **Jumping and Awards** at Ernie Howlett Park (1 Jumping Round)
- COST:** \$225 per full TET Competitor* Stable Managers free*! *add \$15 per Non-USPC Member
- INCLUDES:** Competitors: Shooting safety class Saturday, use of air pistols and lunch.
- CHECKS:** Make Club/Personal check payable to Portuguese Bend Pony Club
- REFUNDS:** Refund after closing date at the discretion of the Organizer with a Vet or Medical note required.
- > **ACCOMODATIONS:** There are plenty of hotel options in South Torrance, Redondo Beach and other beach cities.
 Camping at Ernie Howlett Park is available for \$50 / camper or vehicle / night. No hook-ups.
- CHAPERONES** Each team must have an adult (over 21)
- DIVISIONS:** A. Senior B. Junior C. Intermediate D. Novice E. Pre-Novice F. 10 & Under G. 8 and Under H. Relay

To encourage safe participation, a competitor shall be allowed to ride a level or more below that in which he or she is competing (i.e., a Senior may ride over the Junior or Novice course). The penalty for riding down is 200 points for the first level dropped and an additional 100 points for each additional level dropped. (i.e., a senior can score a maximum of 900 points in the riding phase if he or she competes over the junior course). The intention of riding at a lower level must be declared **BEFORE** the start of the phase. Seniors, Juniors and Intermediates who elect to jump at one level below their age/ certification appropriate division at the rally are eligible for Championships if they have ridden down no more than one level and obtain a minimum score of 550. **NOTE: Horsemasters are encouraged and now integrated as Seniors.** Contact organizer if you wish to compete, but don't have a full team. We will attempt to place you on a team.
 **Relay is an option provided for this Rally, not in Tet Rulebook. See following page "Relay Rules" for details.

LEVEL	AGE	RIDE	SHOOT	RUN (Meters)	SWIM (Feet)
8-and-under	8 and under	poles/crossrails	10/resting	500	25
10-and-under	10 and under	18"	10/resting	500	50
Pre-Novice	10 to 11	2'3"	20/2 hands stand	500	50
Novice	12 to 13	2'6"	20/2 hands stand	1000	100
Intermediate	14 to 15	2'9"	20/1 hand	2000	100
Junior	16 to 17	3'	20/1 hand	3000	200
Senior	18 and up	3'3"	20/1 hand	3000	200
** Relay	Any of above	Any of above	Any of above	Any of above	Any of above

Please note on Entry if a Lead line is wanted.

Tentative Schedule

(Please note that schedule may change depending on how many individuals sign up)

Friday March 15th	1pm-6pm	Move in and set up -Barns close at 6PM, Gate closes 1 hr after dusk.
Saturday March 16th	8:00am	Briefing (tack rooms need to be set-up by start of briefing)
	9:30am	Shooting Briefing followed by Shooting Phase. (please come to the shooting phase wearing your running clothes) *Parent REQUIRED if borrowing an air pistol.
	11:30am	Running Pases Begin
	11:00-2:00	Lunch available
	3:00-5:00	Swimming Phase. Miraleste Intermediate School
	5:30pm	Feed horses
	6:00pm	Barn Closes
Sunday March 17th	7:00am	Barns Open—Feed horses
	8:00am	Briefing
	9:00am	Jog outs. Jumping Phase Begins - 1 Jumping Round
	3:00pm	Awards



Team awards will be given in Horse Management and Relay Only. Teams can have members from multiple divisions.

- Tetrathlon is an individual sport. All individuals will be competing for overall and phase awards, except those on Relay Teams.
- Please read the 2019 Tetrathlon Rulebook.
- > NEW!!! - STABLE MANAGERS ARE NOW RECOMMENDED FOR TETRATHLON
- Horse Management phase will start at 8:00AM on Saturday and continue until the end of Rally on Sunday.
- Competitors MAY share a mount, however no mount may be used for more than 3 jumping rounds per day.
- Teams must have one official Chaperone appointed and must have a Coach for Jumping. Different phase Coaches are permitted.
- Each team must bring their own separate Rally equipment. Your Trailer will be your tack room.
- Medical Armbands/Bracelets must be worn by all competitors at all times during the Rally (other than Shoot and Swim phase, that requires them to be near competitor, if not worn)
- All Volunteers and Chaperones must wear appropriate shirts and footwear.
- Food available for sale, please indicate on entry forms.
- Please contact us if your child has special dietary needs.
- Please no dogs.
- Please attend young children at all times.

CLOSING DATE FOR ENTRIES: February 15, 2019

Mail Entries to Janna Bahny, 3001 A. Anchovy Ave, San Pedro, CA 90732

Cell/Text (310) 525-6870

Email jannabahny@gmail.com

For more information please contact: Kelly DelMonte kellydelmonte@yahoo.com (310) 567-8026

Chaperones Each team must have an adult as their Chaperone

Volunteers Each team must provide AT LEAST 2 adult volunteers

Transportation You must provide your own transportation to and from ALL phases.

For all our families, friends, athletes and community members, we would love for you to join in on the fun!

Check out our Relay Team option designed to introduce you to one of the athletic opportunities offered within

PONY CLUB!

Relay Rules

Relay is an option provided for this Rally only, and is not in the Tet rulebook. Special pricing and rules for this division are as follows:

Price: \$75 per person per phase = \$300 per Relay team for all four phases regardless of type of phase. There is an additional \$15 fee for Non-USPC Members.

Relay Team may be made up of 2-4 members who will divide up the four phases of Tetrathlon. A Stable Manager is recommended. (e.g. Two-man team where each competitor does two phases, Three-man team where two competitors do one phase and one does two phases, or a Four-man team where each competitor does one phase). Going down level(s) in the Running, Swimming, and Shooting phases will incur penalties, 200 points for the first level dropped and an additional 100 points for each additional level dropped. Riding down, however, will not be penalized for Relay competitors. Each member of the relay team will compete at their age level.

Example:
Sally and George are competing on a relay team together. Sally is a horsemaster, and George is 12 years old. Sally decides to run and swim, while George decides to ride and shoot. Sally will follow the Senior rules: run 3000 meters and swim 200 feet. However, Sally only wants to run 1000 meters and so will incur a 300 point penalty. George will follow the Novice rules, and will shoot 20 shots with two hands. He decides to jump 2'3".

Relay Team Awards will be given.

COMPETITOR INFORMATION

Name: _____ Certification: _____ Age(as of 1/1/2019) _____

Club / Center: _____ Date of Birth: _____

Division: _____ Regular TET (all 4 phases) _____

Relay TET; Phases in which will compete: _____

Parent / Guardian: _____

Home Phone: _____ Cell Phone: _____ Email: _____

Chaperone: _____ Cell Phone: _____

Emergency Contact Number: _____

Stabling (\$30 / day) _____ Days x \$30 = \$ _____ **BRING YOUR OWN FEED AND SHAVINGS!**

Horse's Name: _____ Sharing? _____ Vices: _____

Please Check one:

Bring your own Air Pistol: Turn into Shooting Steward at start of Shooting Breifing

Need to Borrow Air Pistol*: A parent must accompany child under 18 to give informed consent. (California law)

***You will not be allowed to compete without a parent or legal guardian present if borrowing an air pistol from Rally.**

FORMS TO RETURN:

Team Form

Competitor Information Form

Chaperone Rules and Duties

Volunteer Form

Portuguese Bend Pony Club/Landowner Release

Waiver for Non-USPC Members (if applicable)

Coaches Form

Emergency Contact form (if 18/over)

Adult Code of Conduct

Check Made out to Portuguese Bend Pony Club for: _____ **Entry Fees**

_____ **Stalls**

_____ **Extra Lunches**

_____ **Overnight Camping**

\$_____ Total



Camino Real Regional Rally Entry Form Year 2019

Tetrathlon Rally – March 16-17th– hosted by Portuguese Bend Pony Club

Ernie Howlett Park

Club/Center Name: _____ Team:# _____ Rank your club's teams as #1, #2, etc., in case the rally is over subscribed

USE ONE SHEET PER TEAM – use separate sheet for scramble members

Competitor Information		Age & DOB	Certification	Division	Phases only if doing Relay Team
Indicate Team Captain with an * - captain handles inquiries					
Competitor's Name:	No.	Age:	Certification		
Phone Number:		----- DOB	_____		

Competitor's Name:	No.	Age:	Certification		
Phone Number:		----- DOB	_____		

Competitor's Name:	No.	Age:	Certification		
Phone Number:		----- DOB	_____		

Competitor's Name:	No.	Age:	Certification		
Phone Number:		----- DOB	_____		

Stable Manager	No.	Age & DOB	Certification		
Team email contact: Team					

Chaperone:	Form In	Phone:	Email:
Volunteer:	Form In	Phone:	Email:
Volunteer:	Form In	Phone:	Email:

Enclosed club check for \$ _____ or a total of _____ checks for \$ _____ from riding centers

For Official Use Only:				Name Of Team Contact:	DC/CA Sign-off:
Lunch Order	Volunteer	Chap.			
				_____	As the DC/CA of this club/center, I declare that all team members are members in good standing as defined by USPC Policy #1002
				Contact e-mail: _____	Name: _____
					Email: _____
				Cell Phone: _____	Phone: _____
					Signed: _____ Date: _____

Tetrathlon Rally Volunteer Form

Volunteer Name: _____ Club: _____

E-Mail Address: _____ Phone: _____

Tetrathlon Rally Volunteer Jobs:

- Assistant Scoring Ring Steward Warm-up Steward
- Scribe for... Running Jumping Turn out
- Assistant Horse Management Judge Jump Crew
- Timer for... Run Swim Jumping Shooting Photographer
- Scorer for Shooting Target retriever Runner Set-up/clean-up
- Any job!

Volunteer Name: _____ Club: _____

E-Mail Address: _____ Phone: _____

Tetrathlon Rally Volunteer Jobs:

- Assistant Scoring Ring Steward Warm-up Steward
- Scribe for... Running Jumping Turn out
- Assistant Horse Management Judge Jump Crew
- Timer for... Run Swim Jumping Shooting Photographer
- Scorer for Shooting Target retriever Runner Set-up/clean-up
- Any job!

Lunch Order Form – Tetrathlon Rally

Complete One Form per Team

Club/Center Name _____

Note: Lunch is included in rally cost for all Competitors

Competitors

Extra Meals - \$20 (Sat & Sun)

Chaperones, Volunteers, Friends & Others

Name: _____

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Extra meals _____ @ \$20 (Sat & Sun) = \$ _____

Payable to **Portuguese Bend Pony Club.**

There may be a few extra lunches available for sale at the Rally.
Please pre-order.

There will also be snacks & drinks available for purchase.

Please note if you are vegetarian.

SECTION VI—Appendices

Chaperone Responsibilities/Duties

This page is intended for the use of the team Chaperone.
It should not be sent in with team competition entry.

Definition of Chaperone:

When competitors under the age of majority (minors) participate in local, regional and national competitions, there will be a designated “Official Team Chaperone.” In the situation of scramble teams the official team chaperone(s) will be appointed by the rally officials and will be so noted in the rally program as such. The role of this person is to give the rally organizers a responsible adult to contact for any needs and to give the team members a contact to assist them as may be indicated and allowed. (When competitors above the age of majority (adults) participate in local, regional and national competitions, they will use the emergency contact form to submit to rally organizers.)

Hours for tour of duty are...

The official team chaperone is responsible for team members during the hours of competition and on competition grounds only (from arrival on grounds until departing rally ground at beginning and end of each day of competition).

Transportation, driving and lodging...

Decisions to allow a competitor to drive or not, who they can or cannot ride with, who they can or cannot have in a vehicle that they are driving, where they stay at night and with whom they stay, and who is to be responsible for a competitor are all decisions that must be made by the parent/legal guardian. These decisions are not a decision of the USPC, any region, club/center or rally organizer. Specific arrangements must be made by and between the parent/legal guardian and the adult assuming any of these responsibilities in the absence of the parent/guardian.

Helping your team to succeed:

Initiate contact with all team members prior to leaving for the competition, and gather cell phone numbers as appropriate. In cases of scramble team members, request contact information from the rally secretary. Share this information with team captain and/or stable manager (SM).

Encourage the team to have meetings prior to leaving for rally. Be sure all members of a scramble team are included in the decision making process, either by email or phone contact, if a distance away. Discuss team equipment, review all rules that apply and any decisions regarding snacks, drinks, plans for meals, etc. Determine how the team members plan to provide snacks and drinks (i.e., each team member contribute a sum of money to a pot or each member is assigned specific items to bring.) If each is contributing money, it must be collected

before the rally. Be sure you know who is bringing cooler(s), so you can avoid the quick trip to the local store.

Plan arrival time at the competition site and any details such as arrangements for ordering bedding, if needed, and who is assigned to do this (again collect money in advance if needed).

On the first day of the rally, gather the team together before they separate for the night and make plans for the next day. Include a review of their competition schedule and how they can best work together to help each other prepare for turnout inspections.

Determine a regular meeting place and plan to have a scheduled discussion session at the end of each day of competition. Take this opportunity to offer words of praise, acknowledge their accomplishments and encourage the sense of teamwork and team building. Guide the team towards constructive criticism and steer them away from finger pointing. Have the team make plans for the next day concerning time they will arrive on the competition grounds, who will feed horses the next morning, who will re-supply the tack room cooler with ice, drinks and snacks (get requests for drinks/snacks) and make the plans for lunch. Be sure any plans for cooler and/or lunch delivery follow any requirements as stated in the competition entry packet (neutral zone) and they understand the plan. Have the team leave with a plan for the next day in place before they go off for an evening of relaxation.

SECTION VI—Appendices

Chaperone Form

for USPC Members Below the Age of Majority

To be completed by the chaperone and turned in with rally entry.

Chaperone duties shall include:

1. The primary function of the “Official Team Chaperone” is to ensure that there is a contact person for each team or individual present and on grounds for the duration of the competition. Team chaperones must be available to rally officials and team members at all times.
2. Have copy of and be familiar with the rules for the competition (discipline rulebook) and the current edition of the Horse Management Handbook and Rules for Rallies. Rulebooks can be downloaded from the USPC website at www.ponyclub.org
3. Uphold USPC Policy 0500 Drug/Alcohol/Tobacco. Chaperones must refrain from using alcohol or other substances when they are serving in their “official capacity” as team chaperone. Refer to USPC website www.ponyclub.org for full policy statement.
4. Be present and available to rally officials and all team members for the duration of the competition.
5. Delegate duties of the team chaperone to another responsible adult if for any reason you should have to leave the competition grounds during the hours of competition making it clear that they are to respond to rally officials and any team members in your absences.
6. Be sure to have a means of contacting parents or designated responsible person for all team members in the event that you should need to contact them during the hours that you are responsible for those team members (hours of competition).
7. Have a means of contacting all team members and the parent or responsible person for those hours after competition and when not on competition grounds (evening/nights).
8. Administration of medications is the sole responsibility of the parent/guardian.
9. Be familiar with the effects of heat and humidity and the potential risk for heat related illness. Take an active role in helping to keep all team members well hydrated; the importance of hydration cannot be overstated! Take every opportunity to encourage water breaks. Refer to the uniform officiation rules found in the Horse Management Handbook and on the USPC website www.ponyclub.org
10. In cases of scramble teams, the competition organizer will determine the “official team chaperone.”
11. Be aware that USPC members are required to wear a current, up-to-date USPC medical card/bracelet on their arm at all USPC activities.

I have read and understand the duties of a Chaperone as listed above.

Name of Chaperone

Signature

Date

(_____)_____
Cell Phone Number

Chaperone for the above Club/Center/Regional team or individual

Article 36 – Competitor attire for all phases

General Barn Attire—Long pants, mid-length or longer shorts or modest length skirts made of khaki, chino or denim materials of any color, with no rips or tears, a shirt with sleeves, and appropriate unmounted footwear (Article 15.4), are examples of appropriate attire for unmounted work in the barn.

Riding Phase Attire*:

Helmet—Any colored helmet that meets the USPC Helmet Policy (Article 15.1).

Shirt—Shirt of any color with a collar and sleeves, tucked into pant.

Pants—Jodhpurs, breeches, or riding tights of any color.

Belt—Belts are required.

Footwear—Conventional type of riding footwear with a heel that covers the ankles are required. Tall black or brown dress or field boots, or jodhpur/paddock boots with matching full grain smooth leather leg piece (also called smooth leather half-chaps), with no added decoration or accent. If leg pieces or garters are not worn, then the breeches must have jodhpur/pants straps. Permitted:

Spurs—Must be English style no longer than 2 inches including rowels. If curved must be pointed down.

Gloves—Conservative colors.

*See p11-12 of Tetrathlon rulebook for Unrated, D1 and D2 attire

Running Phase Attire—Shirts or singlets** must be worn for the run with shorts or pants.

Spikes or cleats are permitted.

**Singlets = tank tops. Bare midriffs not allowed.

Shooting Phase Attire—All competitors must be dressed neatly in appropriate attire.

Additionally, closed toe shoes must be worn by competitors, loaders, and coaches.

Swimming Phase Attire—Swimming attire shall be of one piece and in good taste and suitable for the event. Transparent swimsuits are not permitted.

PORTUGUESE BEND PONY CLUB RELEASE 2019

I, _____ (PARENT OR GUARDIAN IF RIDER UNDER THE AGE OF 18),
HEREBY ACKNOWLEDGE THAT I HAVE REQUESTED PERMISSION TO PARTICIPATE IN OR SPECTATE AT
EQUESTRIAN OR OTHER ACTIVITIES ON THE PREMISES OF PORTUGUESE BEND PONY CLUB AT 2 W.
POMEGRANATE RD., RANCHO PALOS VERDES, CALIFORNIA. I AGREE TO ABIDE BY PORTUGUESE BEND
PONY CLUB RULES.

_____ **INITIAL**

I AM AWARE THAT COMBINED TRAINING, JUMPING, TRAIL RIDING, CONDITIONING, MOUNTED GAMES
AND ALL OTHER FORMS OF EQUESTRIAN ACTIVITIES, INCLUDING THE TEACHING, TRAINING OR
COACHING THEREOF CAN BE HAZARDOUS, AND I AM VOLUNTARILY PARTICIPATING IN EQUESTRIAN OR
OTHER ACTIVITIES. I DO SO WITH FULL KNOWLEDGE OF THE DANGERS INVOLVED AND HEREBY AGREE
TO ACCEPT ANY AND ALL RISK OF DAMAGE TO MY PROPERTY AND/OR INJURY OR DEATH TO
MY HORSE OR PERSON.

_____ **INITIAL**

IN CONSIDERATION FOR BEING PERMITTED TO USE THE FACILITIES AT PORTUGUESE BEND PONY CLUB, I
HEREBY AGREE THAT I, MY HEIRS, BENEFICIARIES, DISTRIBUTEES, GUARDIANS, LEGAL
REPRESENTATIVES AND ASSIGNEES WILL NOT MAKE ANY LEGAL CLAIM AGAINST, SUE, ATTACH THE
PROPERTY OF, OR PROSECUTE PORTUGUESE BEND PONY CLUB, ITS OWNERS, SPONSORS,
COMMISSIONERS, DIRECTORS, OFFICERS, MEMBERS, LANDOWNERS, EMPLOYEES, AGENTS OR ASSIGNEES,
FOR ANY CLAIM I NOW HAVE OR MAY HEREAFTER HAVE FOR DEATH, INJURY, OR PROPERTY DAMAGE
RESULTING FROM OR ARISING OUT OF MY USE OF THE CLUB HORSES OR FACILITIES AT PORTUGUESE
BEND PONY CLUB, WHETHER CAUSED BY MY ACTS OR OMISSIONS OR NEGLIGENCE OR ANYONE ELSE'S.
I ACKNOWLEDGE THE HAZARDS MAY INCLUDE, BUT ARE NOT LIMITED TO, LOOSE HORSES, LOOSE
DOGS, DETERIORATED OR DAMAGED EQUIPMENT, OBSTACLES, HOLES, DEBRIS, UNEVEN TERRAIN,
NATURAL AND UNNATURAL HAZARDS AND SPECTATORS. IN ADDITION, IT IS UNDERSTOOD THAT ANY
AND ALL INSURANCE I HAVE SHALL BE PRIMARY.

_____ **INITIAL**

TO THE FULLEST EXTENT PERMITTED BY LAW, I SHALL DEFEND, INDEMNIFY AND HOLD HARMLESS
PORTUGUESE BEND PONY CLUB AND ITS OWNERS, SPONSORS, COMMISSIONERS, DIRECTORS, OFFICERS,
MEMBERS, LANDOWNERS, EMPLOYEES, AGENTS AND ASSIGNEES FOR AND AGAINST ANY AND ALL
CLAIMS, DAMAGES, LOSSES, EXPENSES AND LIABILITIES OF EVERY KIND, INCLUDING BUT NOT
LIMITED TO ATTORNEY'S FEES, IN ANY WAY ARISING OUT OF OR IN CONNECTION WITH MY ACTIVITIES
UNDER THIS AGREEMENT. THIS INDEMNITY SHALL APPLY REGARDLESS OF ANY ACTIVE AND/OR PASSIVE
NEGLIGENT ACT OR OMISSION OF PORTUGUESE BEND PONY CLUB, ITS LANDLORD, OWNERS, SPONSORS,
COMMISSIONERS, DIRECTORS, OFFICERS, MEMBERS OR ASSIGNEES.

_____ **INITIAL**

I HAVE CAREFULLY READ THIS AGREEMENT AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I
AM AWARE THAT THIS IS A RELEASE OF LIABILITY, A WAIVER OF LEGAL RIGHTS AND CONTRACT
BETWEEN ME AND PORTUGUESE BEND PONY CLUB, AND SIGN IT OF MY OWN FREE WILL. I FURTHER
ACKNOWLEDGE THAT THERE ARE NO WARRANTIES, EITHER EXPRESSED OR IMPLIED, CONCERNING THE
FACILITIES, EVENTS, OR ACTIVITIES AT PORTUGUESE BEND PONY CLUB, 2 W. POMEGRANATE RD.,
RANCHO PAOLS VERDES, CALIFORNIA.

_____ **INITIAL**

NAME OF RIDER _____

SIGNATURE OF RIDER _____ **DATE** _____

(OR PARENT OR GUARDIAN IF RIDER UNDER THE AGE OF 18)

EXHIBIT B
LIABILITY RELEASE FORM
Portuguese Bend Pony Club, Inc. (hereinafter referenced as "Club")

PLEASE READ CAREFULLY BEFORE SIGNING
SERIOUS INJURY OR DEATH MAY RESULT FROM YOUR
PARTICIPATION IN THIS ACTIVITY.
THIS Club DOES NOT GUARANTEE YOUR SAFTY.

1. Registration of Rider and Agreement Purpose: I, the following listed individual, for him or herself and on behalf of his/her parents, siblings, my heirs, estate, assigns, including all minor children, agents and personal representatives (collectively "Rider"), do hereby agree that she/he shall use the facilities of the Club which are located in the area known as Portuguese Bend, Rancho Palos Verdes, CA ("Premises"), which Premises are owned by The Brown Family Trust ("Trust"), for the purpose of horseback riding, storage of tack and stabling of horses on _____, and from time to time thereafter, until _____, at which time this Release shall terminate.

PRINT RIDER'S NAME

PRINT GUARDIAN'S NAME, IF MINOR

Write Initials below after reading each section.

2. Agreement Scope and Territory and Definitions: This Agreement, which includes, among other thing, paragraph 1 immediately above is made part of this Agreement by this reference, shall be legally binding upon the Rider, agents and personal representatives and it shall be interpreted according to the laws of the State of California. The term "horse" shall refer to all equine species. The term "horseback riding" shall refer to riding or otherwise handling of horses, ponies, mules, or donkeys, whether from the ground or mounted. The terms "Rider" ad "rider" shall also refer to a person who rides a horse or otherwise handles or comes near a horse from the ground. The terms me and my shall refer to the Rider.
3. Activity Risk Classification: Rider understands that horseback riding is a rugged adventure recreational sport activity and that there are numerous obvious and non-obvious inherent risks always present in such activity despite all safety precautions. Related injuries can be severe requiring hospitalization and can result in more lasting residual effects than injuries from participating in other activities.
4. Nature of Club Horses: No horse is safe. Horses are 5 to 15 times larger, 20 to 40 times more powerful, and 3 to 4 times faster than a human. If a rider falls from horse to the ground it will generally be a distance from 3 1/2 to 5 1/2 feet, and the impact may result in injury or even death to the rider. Horseback riding is the only sport where one such small, weaker predator animal (human) tries to impose it's will on another much larger, stronger prey animal with a mind of it's own (horse) and each has a limited understanding of the other. If a horse is frightened or provoked it may divert from it's training and act according to it's natural

survival instincts which may include, but be not limited to: stopping short; changing directions or speed at will; shifting it's weight; bucking; rearing; kicking; biting; or running from danger.

5. Rider Responsibility: Upon mounting a horse, Rider is solely responsible for the control of the horse. Rider's safety depends upon his/her ability to carry out simple instructions, and his/her ability to remain balanced aboard the moving animal. Rider agrees the he/she shall be responsible for his/her own safety, the safety of the horse and the safety of other riders and horses on the Premises and areas adjacent to the Premises.
6. Conditions of Nature: Rider understands that neither the Club nor the Trust are responsible for the total or partial acts, occurrences, or elements of nature that can scare a horse, cause it to fall, or react in some other unsafe way. Some examples are: thunder; lightning; rain; wind; water; wild and domestic animals; insects; reptiles, which may walk, run, or fly near, or bite, or sting a horse or the Rider, and irregular footing on out of door, groomed or wild land which is subject to the constant change in condition according to weather, temperature, and natural and manmade changes in the landscape.
7. Carry on Objects and Sharp Noises: Rider understands that he/she must not carry loose items which may fall, blow away, flap in the wind, bounce or make sharp noises, possibly scaring a horse and shall avoid making sharp, loud noises, such as screaming or yelling, which may scare a horse.
8. Saddle Girths - Natural Loosening: Rider understands that saddle girths (saddle fasteners around horse's belly) may loosen during a ride and shall alert nearest guide or wrangler as quickly as possible so action can be taken to avoid slippage of saddle and potential fall from the animal.
9. Accident/Medical Insurance: Rider agrees that should emergency medical treatment be required, that Rider and Rider's own accident/medical insurance company shall be solely responsible for and shall pay all expenses of and every nature arising out of or in connection with such treatment. Rider's accident/medical insurance company is:

_____ and _____
Insurance Company Name Policy #

10. Protective Headgear Offering: Rider has been offered protective headgear (riding helmet), by the Club and understands that the wearing of such headgear while mounting, riding, dismounting and being around horses, may prevent, or reduce the severity of some head injuries, and even prevent death as the result of a fall or other occurrence. It is understood that Club provided protective headgear may not be on the Rider's head at all times. Mark an "X" below in the box before the statement which describes your choice to wear or not to wear Club provided protective headgear.
 - () Protective Headgear Acceptance: I request to wear protective headgear which the Club provides.
 - () Protective Headgear Refusal: I refuse to wear any type of protective headgear and/or will provide my own. **I accept full responsibility for my safety in this decision.**

11. Release and Indemnification: Rider hereby releases and indemnifies Club and the Trust and will save each of them harmless from and against any and all claims, actions, damage, liability, and expense, including but not limited to, reasonable attorney fees, in connection with loss of life, personal injury, contractual claims, or damage to Rider and/or the Rider's personal property, arising from or out of the occupancy or use by the Rider of the Premises or any other part of the real or personal property of the Club or the Trust, regardless of cause or origin, including but not limited to, the actions or failure to act or the negligence of trustees, beneficiaries, agents, contractors, invitees, or employees, officers or directors of the Club or the Trust.
12. Waiver of Claims: Rider acknowledges that she/he bears all risk of loss to all equipment and other personal property that Rider may use in or about the Premises and hereby waives any claims against the Club or the Trust relating to any such use. Neither the Club nor the Trust shall not be liable to Rider claims, actions, damage, liability, and expense, including but not limited to the action or failure to act or the negligence of the beneficiaries, agents, contractors, invitees, or employees, officers or directors of the Club or the Trust.

THE UNDERSIGNED RIDER HAS READ AND UNDERSTANDS THE FOREGOING AGREEMENT

Signature of Rider

Date

Address in full, including zip code

Phone number, including area code

Signature of the Guardian

Date

Address in full, including zip code

Phone number, including area code



ADULT CODE OF CONDUCT

The United States Pony Clubs, Inc. is proud of its reputation for good sportsmanship, horsemanship, teamwork and well-behaved members. It expects no less from the parents, guardians, adult family members or others who volunteer for the organization. The USPC expects appropriate behavior when participating in any Pony Club activity. Inappropriate behavior may include, but not be limited to: profanity, vulgar language or gestures; harassment (for example: using words or actions that intimidate, threaten or persecute others before, during or following any Pony Club activity); failure to follow rules; cheating; or abusive behavior.

I understand that USPC activities operate under the governance of National, Regional and Club By-laws, Policies and Rulebooks. I understand that I have access to these By-laws, Policies and Rulebooks and that it is my responsibility to read them. I agree to adhere to these By-laws, Policies, Rulebooks and this Code of Conduct. Failure to do so may, at the discretion of USPC, result in being restricted from attendance or participation in Pony Club activities.

Parent/Guardian/Other

Date

Name of Pony Club

Region

SECTION VI: Appendices

Appendix V

Guidelines for Coaching Tetrathlon

Photocopy as needed. One copy should be given to the coach; a signed copy should be retained by the organizer.

By agreeing to serve as a USPC coach, you:

- Agree to be familiar with and observe all USPC By-Laws, Policies and Competition Rules.
- Agree to adhere to the USPC Conflict of Interest and Code of Ethics Policies in all your actions and decisions.
- Agree to disclose any possible potential conflicts of interest.
- Agree to conduct yourself in a fair and courteous manner.
- Agree to the confidentiality of discussions and actions.
- Give permission for a criminal background check.
- Agree to uphold USPC Policy 0500 Drug/ Alcohol/Tobacco. Chaperones must refrain from using alcohol or other substances when they are serving in their "official capacity" as team Chaperone – refer to USPC web site ponyclub.org for full policy statement.

All teams and individuals **may** have phase coaches.

All coaches must be familiar with Pony Club and Tetrathlon, the riding phase rules and scoring, and may be asked to assist competitors in learning the rules prior to rally.

All coaches must wear identification provided by the organizer during the rally times.

Communication between coaches and competitors is limited to:

1. Official briefings
2. Course walks
3. Warm-up
4. Schooling times provided during a multi-day rally
5. Horse matching sessions when a strange mount must be borrowed
6. Brief critique following the jumping phase

Coaches must:

1. Attend the official briefing
2. Attend the official course walk
3. Attend any other briefing or walk required

Duties as pertained to the jumping phase:

1. Observing, but not participating in, any pre-competitive soundness checks
2. Assist in matching if a borrowed mount must be used
3. Accompany competitors during the course inspection or at any other subsequent times the courses are open for walking, during which time coaches may give advice.
4. Assist competitors in the designated schooling/warm-up area.

5. Short debriefing of competitors after they exit the competition area, if desired by competitor
6. May, if needed, lead/assist getting the competitor's mount through the in-gate
7. May request an adjustment of tack. If granted the competitor must return to Horse Management for a safety check on the adjustment.

The coach may not interfere with the immediate care of the mount under penalty of elimination of the competitor from that phase, in accordance with the rules of unauthorized assistance.

SPIRIT OF COACHING

The role of a coach is to assist the competitor

1. In learning warm-up area techniques,
2. In the assessment of the running and riding courses and shooting range condition,
3. In learning how to deal with mistakes made.
4. In learning the rules of competition before competition begins.

The presence of a coach at a Tetrathlon rally is to promote safety, good sportsmanship during all phases and good horsemanship in the warm-up area and during the riding phase.

A Pony Club coach is expected to help any Pony Club competitor who asks for help or who is present without a coach.

The coach is not present to give a riding lesson in the warm up area.

All phase coaches must sign that they have read this sheet:

I _____ have read the USPC Tetrathlon rules and above guidelines for coaching.

Printed Name: _____

Signature: _____

Date: _____ Cell phone: _____

Email: _____

Please list the competitors whom you are coaching and in what phase:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

SECTION VI—Appendices

Emergency Contact Form

for USPC Members Above the Age of Majority

The age of majority is the threshold of adulthood in law. As USPC members above the age of majority are adults in the eyes of the law and therefore responsible for themselves, USPC does not require a “chaperone” for these members at competitions. USPC does require that members above the age of majority submit emergency contact information for each competition. Age of majority vary per state.

USPC Member _____ Age _____ State of Residence _____

Competition Name _____

Competition Date _____

Emergency Contact Name _____

Emergency Contact Relationship to Competitor _____

Emergency Contact Home Phone Number _____

Emergency Contact Cell Phone number _____

An additional Emergency Contact can be included, but is not required.

Secondary Emergency Contact Name _____

Secondary Emergency Contact Relationship to Competitor _____

Secondary Emergency Contact Home Phone Number _____

Secondary Emergency Contact Cell Phone number _____

UNITED STATES PONY CLUBS, INC.
**GENERAL ACTIVITY RELEASE, ASSUMPTION OF RISK, WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT
FOR USPC NON-MEMBERS**

This document waives important legal rights. Read it carefully before signing.

I **AGREE** for myself, and/or my child, my/our administrators and assigns, in consideration for my, and/or my child's, participation in this United States Pony Clubs, Inc. (USPC) activity to the following:

I **AGREE** that I choose to participate voluntarily in an USPC activity, as a rider, driver, handler, lessee, owner, agent, spectator, volunteer, and/or trainer. I am fully aware and acknowledge that horse sports and USPC activities involve inherent dangerous risks of accident, loss, and serious bodily injury including, but not limited to, broken bones, head injuries, trauma, pain, suffering or death ("Harm"). I fully understand that this release covers, but is not limited to, inherent risks of an equine activity which mean a danger or condition that is an integral part of an equine activity, including but not limited to, any of the following:

- ♦ The propensity of an equine to behave in ways that may result in injury, death, or loss to persons on or around the equine;
- ♦ The unpredictability of an equine's reaction to sounds, sudden movement, unfamiliar objects, persons, or other animals;
- ♦ Hazards, including, but not limited to, surface or subsurface conditions;
- ♦ A collision with another equine, another animal, a person, or an object;
- ♦ The potential of an equine activity participant to act in a negligent manner that may contribute to injury, death, or loss to the person of the participant or to other persons, including but not limited to, failing to maintain control over an equine or failing to act within the ability of the participant.

I **AGREE** to release the USPC, its successors or assigns, officials, officers, directors, employees, agents, personnel, volunteers and affiliated organizations from all claims including, but not limited to, claims for money or property, disability, covenants, actions, suits, causes or action, obligations, debts, costs, expenses, attorneys' fees, judgments, orders and liabilities of whatsoever kind or nature in law, equity or otherwise, whether now known or unknown, suspected or unsuspected, and whether concealed or hidden, including but not limited to any state or federal statutory or common law claim or remedy of any kind whatsoever arising out of or in any way connected with any Harm to me or my horse and for any Harm caused by me or my horse to others, even if the Harm resulted, directly or indirectly, from the negligence of the USPC or the USPC activity.

I **AGREE** to expressly assume all risks of Harm to me or my horse, including Harm resulting from the negligence of the USPC or the USPC activity, and **specifically agree to the applicable state statute/law regarding equine/farm animal activity liability and signed posting (if any), in any state in which I or my child participates in a USPC activity. A true copy for all state statutes in effect at the time of the execution of this agreement is attached hereto and incorporated herein by reference as if set out fully in the text of this document.**

I **AGREE** to indemnify (that is, to pay any losses, damages, or costs incurred by) the USPC and the USPC activity and to hold them harmless with respect to claims for Harm to me or my horse, and for claims made by others for any Harm caused by me or my horse in the USPC activity. USPC shall promptly notify you in writing of any claim or action brought against USPC or any of its local clubs or affiliated organization in respect of which indemnity may be sought against you, setting forth the particulars of such claim or action and you will assume the defense thereof, including the employment of counsel satisfactory to USPC and the payment of all expenses.

I **AGREE** that neither I, nor any one claiming through me, will hereafter bring, commence, prosecute or maintain, or cause or permit to be brought, commenced, prosecuted or maintained, any suit or action, either at law or in equity, in any court in the United States or in any state thereof, or elsewhere, against the USPC, its successors or assigns, for, on account of, arising out of, or in any way connected with any Harm to me or my horse, and that neither I, nor any one claiming through me, will enforce, prosecute, or recover upon, or attempt to enforce, prosecute, or recover upon, any claim or right of action whatsoever, which I, or any one claiming through me, may now have or hereafter assert, in any way connected with claims for Harm to me or my horse, and for claims made by others for any Harms caused by me or my horse at the USPC activity.

I **AGREE** this Agreement is the entire agreement of the parties, and supersedes all prior oral and written understandings and agreements. This Agreement may be modified only by a written amendment signed by both parties.

I **AGREE** that if any provision of the Agreement is found to be invalid or illegal by a court of competent jurisdiction, the remaining provisions shall be construed as if the affected provision had not been included in order to effectuate the intent of the parties.

In the event this form is signed by the parent/guardian of a child, then all representations and acknowledgements herein are expressly made by, for, and on behalf of the parent/guardian and child.

By signing below, I **AGREE** to be bound by all applicable USPC rules and all terms and provisions of the USPC activity. I acknowledge that I enter into this release after having read the same, and place my signature hereto of my own free voluntary act and deed. By signing below, I represent to the USPC that I fully understand its contents, that I do not need any further explanation, and I waive any further explanation.

REQUIRED — all signatures must be originals, not photocopies.

Original Signature of Participant

Date

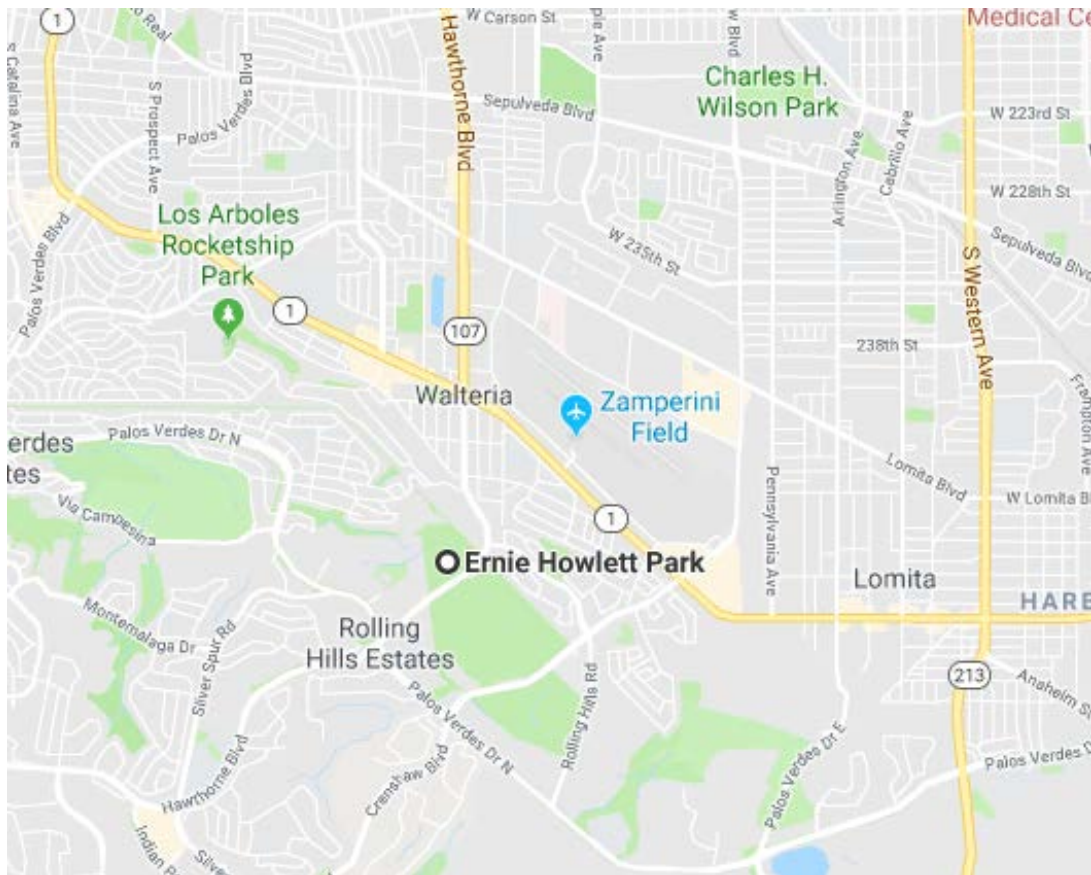
and

Original Signature of Parent(s) or Legal Guardian(s)

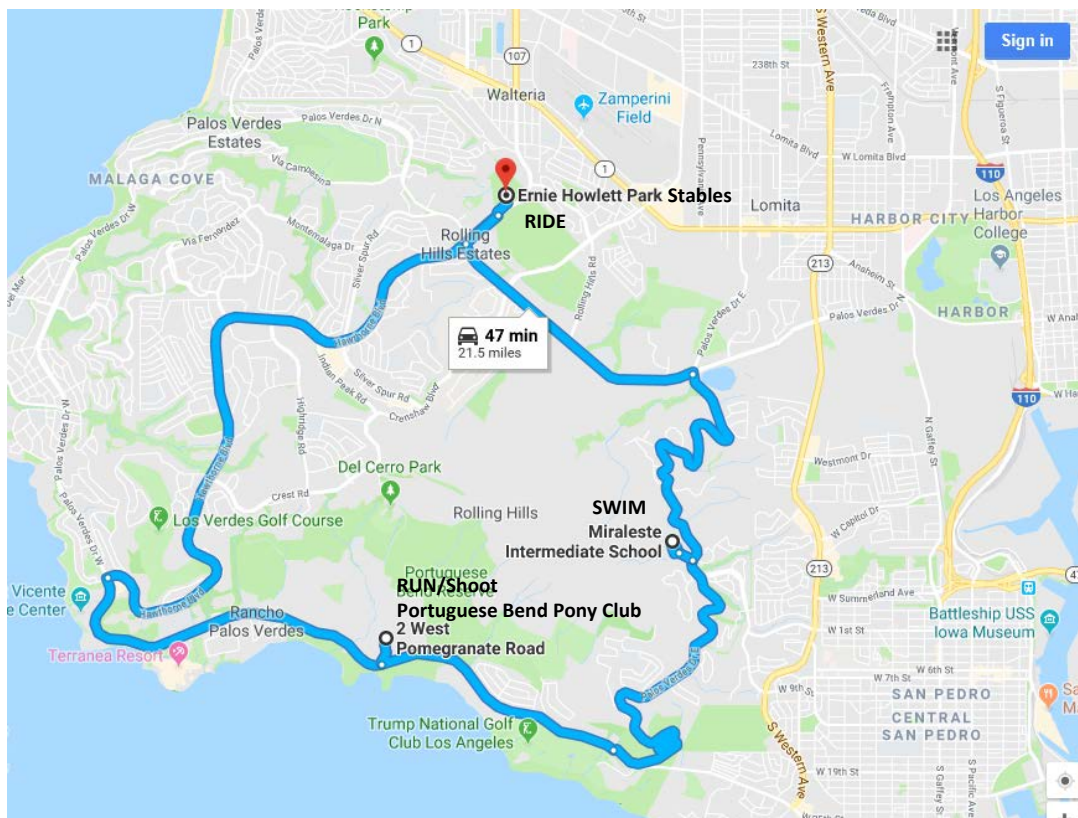
Date

Unless participant is over the age of majority, i.e., dependent upon state law.

Map to Ernie Howlett Stables



Ernie Howlett Park (Ride) - Portuguese Bend Pony Club (Run/Shoot) - Miraleste (Swim)



Running and Shooting Phase

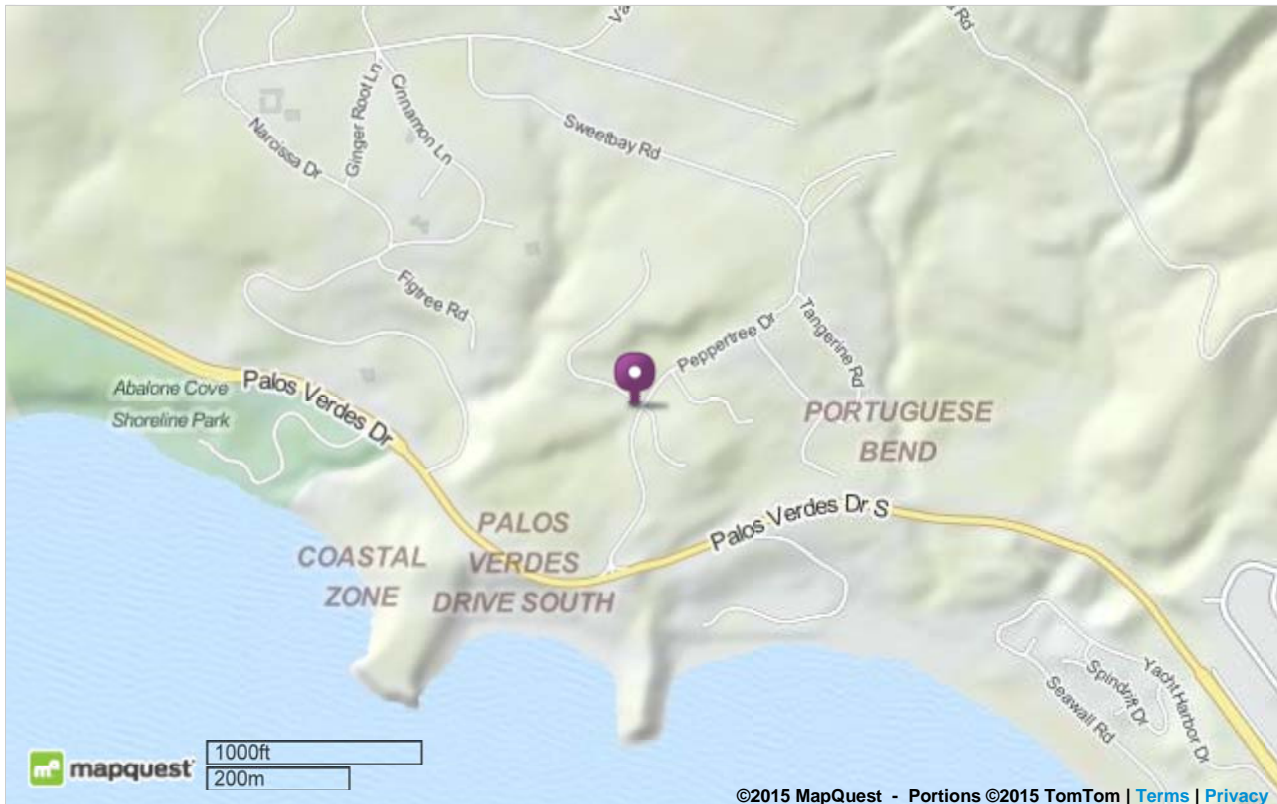
2 W Pomegranate Rd, Rancho Palos Verdes, CA 90275 Directions, Location and Map | M... Page 1 of 1



Map of:
2 W Pomegranate Rd
Rancho Palos Verdes, CA 90275-5912

Notes

Portuguese Bend Pony Club
From Palos Verdes Drive South turn on Peppertree Dr.
Enter gate. Code: #8532
Turn left at stop sign. On Pomegranate turn left onto
gravel driveway.



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